



Start with Hello Week



September 24-28, 2018

During the week of September 24-28th Pinellas County Schools will be participating in “Start with Hello Week”, led by Sandy Hook Promise, an organization that aims to help prevent violence in its many forms BEFORE it occurs. The purpose of the week is to empower young people to create a culture of inclusion and connectedness within their school and community. By building a culture of inclusion and connectedness, schools and communities can better support their young people and reduce their risk of bullying, violence and depression. Here is our line-up of events at Pasadena Fundamental:

Monday, September 24: **Friendship Day!**

- **During Circle Time** – Talk about the “Hello” video that was shown on morning show
- During guidance lessons, we discussed the importance of including others; classes are asked to review this concept as the students share what they are planning to do to be a good friend to others.
- Our school-wide friendship chain will be on display in the cafeteria all week.

Tuesday, September 25: **Hey Day!**

- **During Circle Time** - Talk about what “Start with Hello” is all about and why it’s important to be friendly and say hello to others
- Give out “Hello” name tags
- Students will wear the name tag where it will easily be seen. All students will be encouraged to greet others by name in the hallway, cafeteria and classroom.

Wednesday, September 26: **Kindness Day**

- **During Circle Time** - Remind students of why we should try to reach out to other people around us. Remind them that you never know when a student is feeling isolated or just having a bad day. Connecting with others is so important!
- Students will be encouraged to compliment or perform an act of kindness for another student during the day. Students will then reflect on how it made them feel to be kind to others.

Thursday, September 27: **Mix-It-Up Day**

- **Completed during lunches**
- Students will have the opportunity to pick which table within their grade-level that they would like to sit at today. Icebreakers cards will be on the tables for the students to use as conversation starters.

Friday, September 28: **Class Greeter Day**

- **Completed first thing in the morning**
- Each class will be encouraged to have a class greeter in the morning who will greet students as they enter the room.
- End the week with the Hello GoNoodle - <https://www.youtube.com/watch?v=CzO3ale0Rps>